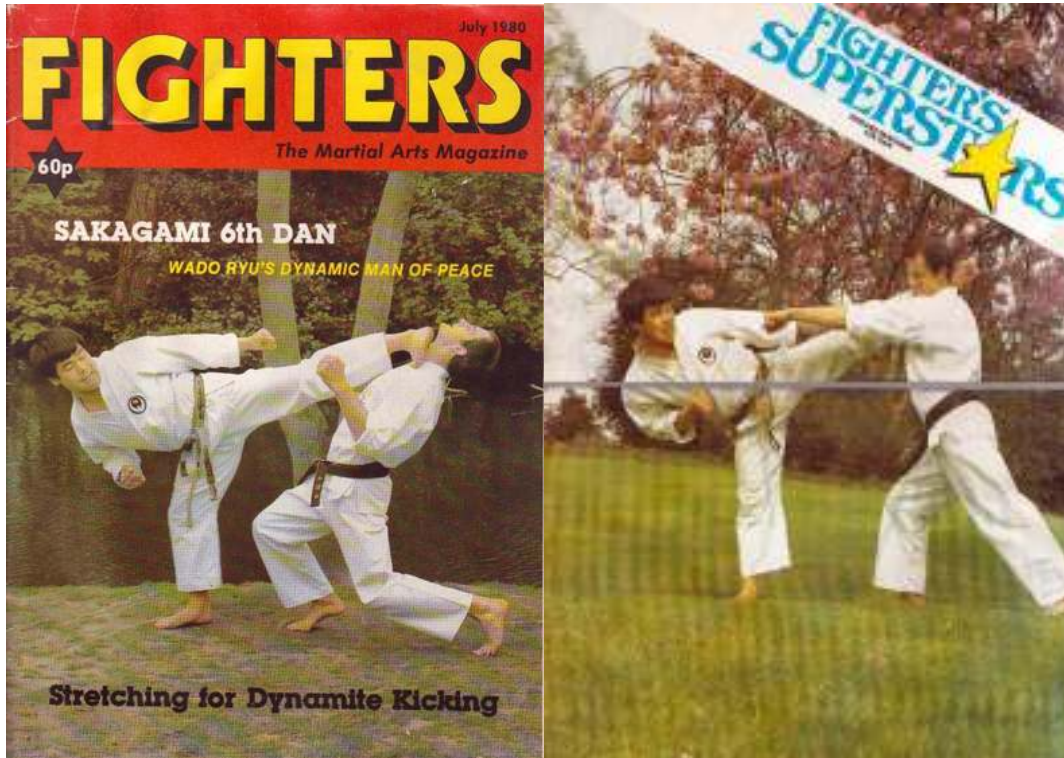




Aiwakai Karate do

Blast from the Past

Almost 30 yrs ago and before many Aiwakai students donned their karate suit for the first time, Sensei Sakagami (then 6th Dan) and Sensei Peter May appear on the front page of 'Fighters – The Martial Arts Magazine' (Vol. 3, No. 7, July 1980).



Also in this edition of 'Fighters' there is a two page interview with Sensei Sakagami and four pages of his 'favourite' combination techniques, but best of all a two page centre fold poster of both instructors! How 1980's is that!

In the interview Sakagami explained how he started karate in 1959 at the tender age of 14. He also describes his time at Aichi University and his opinions on contest and full contact training. As with most true athletes Sakagami appreciates different sports and in this article his love and appreciation of boxing shines through. Any other day it could have been his passion for football or golf but on this day in 1980 it was definitely boxing.

In 1991, when we were learning, through experience of the flammability of our much loved shell suits, wishing Jim would-fix-it, and listening to Wham, Sensei Peter May was being interviewed by Jenifer and David Alexander for 'Fighters' magazine (Vol. 14, No. 8, Aug 1991).

In this article Peter chats about training with Sensei Sakagami and the pain caused by Sensei's training methods, especially the hill based bunny hops.... Sounds like agony to me!

